

Kandersteg Snow Week – Kit List

Equipment to be hired in resort (included in the camp fees)

Skis, poles, ski-boots or board and boots, helmets

Travel wear:

Casual but inc' Pegasus Neckerchief (uniform is not required on this trip).

Be comfortable. Fleece to stay warm, coat for service station stops

Day bag – with packed lunch (x2) , drinks etc

Music/dvd players etc, to provide some travel/evening entertainment

On the slopes

Ski jacket

Salopettes or ski/board trousers – warm and water proof

Base layer (preferably not cotton, synthetic materials are best)

Vest, Long johns

Mid layers – fleece etc

Ski gloves/ mittens

Scarf or snood/neck 'gaiter'

Thick(ish) socks (hiking socks etc)

Goggles

Day sack (for lunch , camera etc)

For boarders – wrist protectors

Evening wear

Indoor

Jeans, T-shirt/sweatshirt

Trainers

Outdoor

Hiking boots / trainers

Ski jacket (as per day time)

Fleece/sweatshirts

Jeans

Spare gloves (day ones may be wet)

Woolly hat

Other

Passport (in your day bag)

Sun cream (high factor e.g. 30 – 50) and lip balm

European Health Insurance card (was an E111)

Spending money (£50-£100 in Swiss Francs, and 10-20 Euro)

Note ATM's work in Kandersteg

Toiletries and towel

Watch/phone (so we can arrange to meet up on the slopes)

Re-usable drinks bottle for use on the slopes.

Bags

One holdall – Not a suitcase, preferably without a frame and wheels

Put your overnight things at the top so they are easily accessible)

One day-bag (for the minibus and on the slopes)